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Preface

This is the first in a projected series of three books intended to present a method of study covering the essential elements of contemporary violin technique. Scales and arpeggios in single stops (Part I) are integrated in an entirely new way with a system of bowing and rhythm patterns* (Part II). By application to the exercises, the patterns are designed to help the student derive greater and quicker benefit from his scale and arpeggio practice.

Since technical mastery depends more upon control of mind over muscle than upon mere agility of fingers, the direct way to such mastery lies through working procedures which present a constant challenge to the student's thinking processes. For this reason new problems must always be faced and solved. To provide such new problems in almost inexhaustible supply is the chief purpose of these patterns.

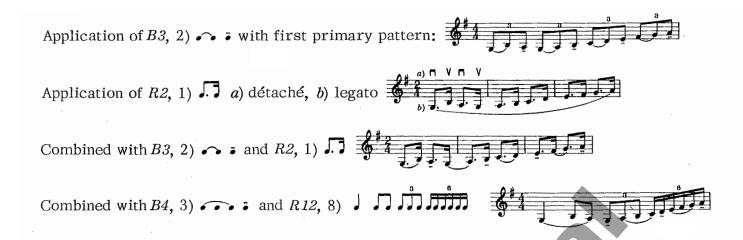
All three-note patterns can be applied to any exercise employing groups of three notes or any of their multiples. In an eight-note exercise, all patterns of B1, B2, B4 and B8 can be combined with all patterns of R1, R2, R4 and R8. In twelve-note exercises, all B and R patterns of 1, 2, 3, 4, 6 and 12 can be combined. This versatility of application permits a single pattern to be used for several different exercises. Innumerable combinations of B and R patterns can be utilized, as well.

The following illustrations derived from Chapter 3, Part I, will demonstrate the method of combining the exercises with the patterns. The applicable patterns are:





^{*}The guiding idea of this integration is explained in Ivan Galamian's book, *Principles of Violin Playing and Teaching*, Prentice-Hall, Inc., Englewood Cliffs, New Jersey, 1962.



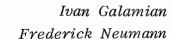
At the head of each chapter in Part I B and R code numbers are listed to indicate the applicable patterns. Primary patterns in which the exercise should first be practiced are also given.

To facilitate the use of various bowings, rhythms and their combinations, all note-heads in the exercises are printed without stems. Bowing patterns are shown by note-heads which do not indicate any specific time value, meter or rhythm. Rhythm patterns are presented without any indications for specific bowings.

Wherever two different fingerings are given (one above and one below the notes) both are to be practiced. Other fingerings should also be devised. In some exercises in Chapters 10-12 of Part I the use of "creeping" fingering is suggested. This technique is briefly explained in Chapter 10.

The teacher will be the best judge of which bowings, rhythms and their combinations will most usefully serve the needs of each student. It is suggested that the patterns be utilized in a diversified fashion and that the rhythms and bowings be employed in constantly changing combinations to stimulate continuous interest. Chapters 3, 4 and 7 of Part I contain particularly important material for such treatment.

We hope this approach to the problems of contemporary violin technique will provide interesting and profitable results for both teacher and student.



Scales in One Position

Groups of eight notes. PATTERNS: *B1*, *B2*, *B4*, *B8*, (*B16*) *R1*, *R2*, *R4*, *R8*, (*R16*)

Primary Patterns: Practice this exercise in all the major and minor keys. * This may be continued into higher positions. *Example:

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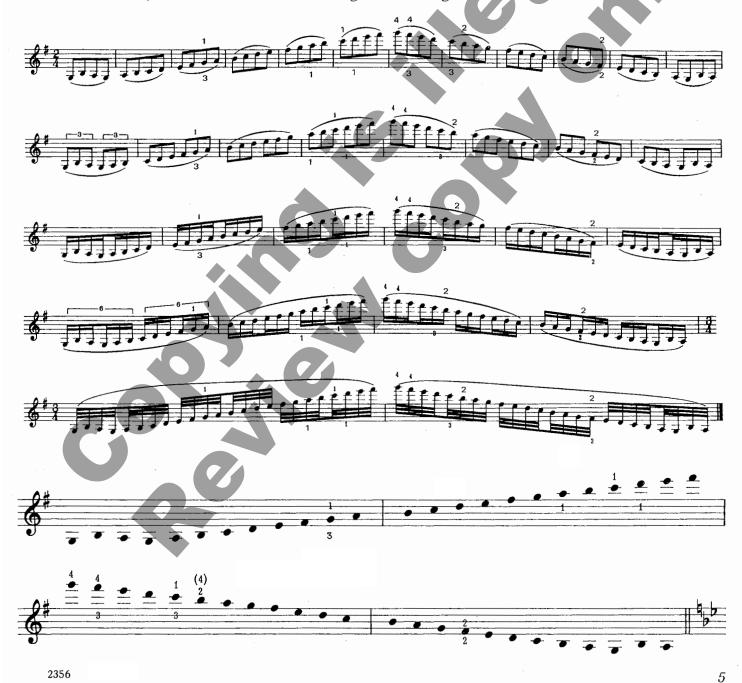
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Three-Octave Scales

Groups of twelve notes. PATTERNS: *B1, B2, B3, B4, B6, B12 R1; R2, R3, R4, R6, R12*

Primary Patterns:

In addition to these patterns, practice all three-octave scales with the *Acceleration Exercise* as shown in the following example. In playing it make sure that the value of the quarter note remains the same throughout. Choose a slow tempo at first ($\frac{1}{2} = 50-60$), then gradually increase it. The exercise may also be practiced in reverse as a *Retardation Exercise* by starting at the end with the thirty-second notes and finishing with the eighth notes.



Scales of Varied Length and Different Groups of Notes

Practice these scales in all the major and minor keys.

Groups of five notes. PATTERNS: B1, B5 R1, R5

Primary Patterns:







^{*}Whenever the two highest notes of these scales form a half-step, they will best be played by the same finger. Example:



7

Three-Octave Arpeggios

Groups of nine notes. PATTERNS: B1, B3, B9 R1, R3, R9

Primary Patterns:

اششش:ششش ۱۱۱ رسس ۱۱



11

Broken Fourths, Fifths and Sixths

FOURTHS IN ONE POSITION

Groups of twelve notes. PATTERNS: *B1, B2, B3, B4, B6, B12 R1, R2, R3, R4, R6, R12*

Primary Patterns:



Also slur two measures.

Practice in all the keys. Practice each exercise first with the upper, then with the lower fingering.



The Whole-Tone Scale

ON ONE STRING

Groups of twelve notes. PATTERNS: *B1, B2, B3, B4, B6, B12 R1, R2, R3, R4, R6, R12*

Primary Patterns:

الممممر الاستراث الأرث ا

Also slur two measures.

Play on all four strings.







ACROSS THE STRINGS

Patterns as above.

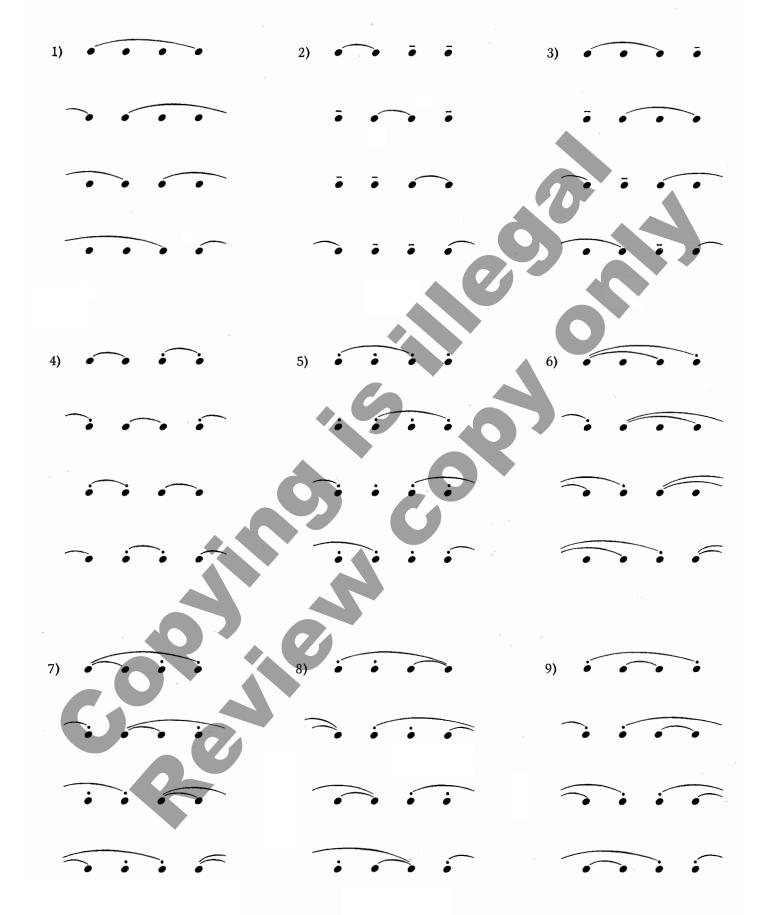


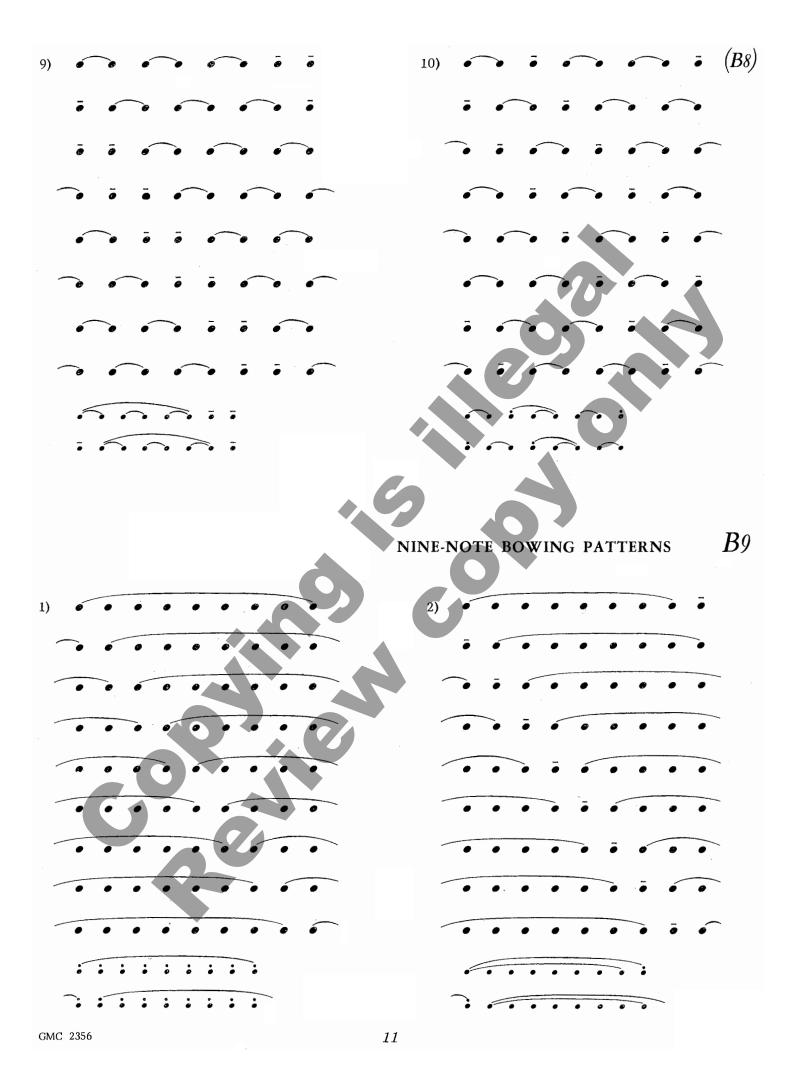




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B4 FOUR-NOTE BOWING PATTERNS







Rhythm Patterns

The Rhythm Patterns, like the Bowings, are realized by repetition. In some instances this repetition is spelled out, partially or entirely, for greater clarity. A bracket is then used to indicate the basic pattern.

A slur combined with a horizontal line linking two notes shows that they are to be played as one note. For example, indicates one note representing the time value of five sixteenths. The line is to show that the pitch remains unchanged.



Beginning with R2, the patterns in each chapter are arranged in three groups under the headings of a), b) and c). a) presents simple rhythms in traditional meters, b) syncopated rhythms and c) rhythms in irregular meters.

The following patterns should be practiced first détaché, then legato. For legato practice begin by slurring the notes of the pattern only, . Then extend the slur over the entire measure. Where rests within the pattern prevent a legato rendition, play the pattern in one bow stroke, . 1999.

As a final step, bowing and rhythm patterns should be combined as illustrated in the last two examples in the preface.

NOTE: It may be advisable to begin the rhythm patterns on open strings before applying these patterns to the scales, noting those that are troublesome for additional attention.