The Three Finger Patterns

The exercises on the next four pages should be practiced a few minutes every day from now on. Regular practice of these scales, shifting exercises, and double stops in different keys are the most important element of a daily practice schedule. Within a few months young players will develop the necessary technique to play easy pieces and concertos.

From here on, we will name the different finger positions patterns I, II and III.



These patterns are the basic building blocks of any scale technique. Before combining them into scales, we move them chromatically up the finger board, one half step at a time. This should become a daily exercise between first and fourth positions.



The same shifting can be used as a "climbing game" for all pieces and songs on pages 24–33. Read and play in the first position, then at every repeat move the first finger up one half step.

